



Recycling Program

NWST Wins First Place in NSW for Tennis Ball Recycling Competition

North West Sydney Tennis came fifth in Australia for the Game On Recycling Collectapalooza tennis ball recycling competition in 2022. We competed with 262 clubs and shops for the award.

This result would have not been possible without the hard work of our sustainably minded members who contributed countless tennis balls to our recycling effort!

If you would like to recycle tennis balls or broken racquets, we have collection stations at Pennant Hills and Epping! Thanks to everyone who recycled!



Comp dates

Monday Night Ladies:

Comp will resume 30th Jan

Tuesday Ladies Midweek:

Comp will resume 31st Jan

Tuesday ladies will finish mid-March with the new competition starting straight after. Anyone that is interested in coming for a hit or would like to join a team contact **Monique on 0500 050 881**.

Wednesday Night Mixed:

Comp will resume Wednesday 1st February 2023

Thursday Night Men's:

Comp will resume on Thursday 2nd Feb

Remember that if you are needing a reserve for a comp contact the pool players first to see if any are available and the team captains to see if they have any spares. You can also do this simply by logging onto Xpoint and sending a message.

Other important dates

Tildesley Tournament Shield:

Our historic high school girl's tournament continues Wednesday 8th March to Friday 10th March (backup dates: Wednesday 22nd March to Friday 24th March). Volunteers appreciated/needed (soft drink & snack tent).

Centennial Fun Day:

Celebrate the Centenary with our special tennis fun day on Sunday 12th of March 1pm-4pm
Fun family activities for all!

Join our Junior Comp:

Kids looking to compete in our junior comp - Winter grading Saturday 1st April, Friday 14th April and Wednesday 19th April. See our website for more details!

Smashed it!

Hitting Wall Update

We are pleased to announce that the hitting wall is ready for use! A massive thank you to Chris Bivianno and his son James for their hard work over the last few months in ensuring the wall has been installed for our members to use.



Junior Comp Returns!

Summer Junior competition will start on the 4th of February after a long summer break. We hope all players and parents enjoyed the holiday season and are ready for along year of exciting tennis. The final round of Junior competition will take place on March 25th before finals on April 1st

Our Winter competition will start in May. For any kids looking to compete in our junior comp Winter grading Saturday 1st April, Friday 14th April and Wednesday 19th April. The Registration Link will become available Mid-March. See our website for more details!

Social Tennis is a hit @ NWST!



Friday Midson Social

97 Midson Road, Epping

For strong intermediates UTR 2.5 - 5.0

7:30pm - 10:00pm every Friday



Sunday Social

Pennant Hills or Epping

For players of all abilities, families welcome

3:00pm - 5:30pm every Sunday

Holiday Socials

Pennant Hills or Epping

For strong intermediates UTR 2.5 - 5.0

For hits during school & public holidays



Casual Hitters

Choose your venue

Tell everyone your standard

Choose your playtime with your partner

A WORD FROM OUR COMMUNITY PARTNER'S



Making SMART 2023 financial resolutions

As we wind down for 2022, many of us start thinking about setting some New Year resolutions. But how can you make financial resolutions that are easy to stick to? Here are a few tips that might help.

Avoid Buy-Now-Pay-Later options during the holidays

Using the SMART goal method can be an effective way of ensuring you create financial resolutions that you adhere to. SMART stands for goals that are specific, measurable, actionable, realistic and time-based. For example, one of the things you can do is to not use buy-now-pay-later facilities during the silly season, because come the new year, you'll be in for a rude shock, putting yourself under pressure to make multiple payments for the items you've bought.

Use an easy-to-use money saving app

Helping your money to go further by using a money-saving app may be one of the easiest resolutions you can keep. There are plenty of these apps out there that reward you by giving you cashback for your everyday purchases. You may be able to get cashbacks for all the last-minute Christmas gift-shopping you've yet to do. Once you've got enough cashback, you can use that money to buy something else, without having to dip into your hard-earned savings.

Leave your savings in a high interest earning account

If you have money that you know you're not going to touch, why not go one step further and make sure your money increases in value rather than just sitting in an account doing nothing? Putting money in a high interest earning account can help you generate some passive income. It could be in the form of rainy-day funds in a high interest earning savings account or alternatively, your mortgage offset account which won't attract tax and reduce the principal. Reducing the principal through an offset account means your loan can be paid off sooner than you anticipated.

Make the most of round-up facilities

Many financial institutions provide the option to open a 'round-up' account that can help you save money while you spend. Allowing you to nominate a figure to the nearest dollar, small change from all purchases can automatically go to a separate 'round-up' account, which can quickly add up to become your personal emergency fund. Check with your financial institution whether they offer the option of opening a 'round-up' account.

Try and save 10% of any bonus money you get

If you're lucky enough to get a Christmas gift from work or family, it's a good idea to resist the temptation to spend it all at once. You can put away a certain amount of that money straight into your savings or 'emergency fund'. Think about your bonus as money you weren't expecting to receive. Now that you have it, make the most of it.

If you need help in budgeting for your expenses or need to discuss a financial plan that's suitable for your circumstances, I'd love to have a chat.

Any advice is general in nature only and has been prepared without considering your needs, objectives or financial situation. Before acting on it you should consider its appropriateness for you, having regard to those factors. Always obtain and consider the relevant Product Disclosure Statement before deciding whether to acquire a financial product.



TAG Financial Pty Limited

This advisor is an Authorised Representative of KDM Financial and Estate Planning Pty Ltd
ABN 29 130 240 578 • AFSL No. 516642

Trust Attention Guidance



Tax (financial) adviser
25142492

Gerry Baker
Financial Adviser & Director

Plus Fitness – Thornleigh and Turrumurra

Looking to join a gym? - SAVE \$99 off the joining and receive the first two weeks FREE!

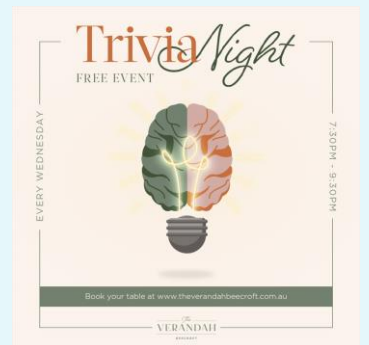
From functional training to free weights, Plus Fitness Thornleigh and Turrumurra provides access to premium facilities around the clock. Whether you're a shift worker, working from home or at the office, you get to work out on your terms, whenever you want. Our Plus Fitness gyms have been custom designed, with top-of-the-line equipment, to help our members achieve a diverse range of goals. Whether you want to improve your sport, build strength, or trim your waistline, we've got you covered. Our Personal Trainers are a team of highly motivated exercise professionals who will help rejuvenate your training & give you guidance. Starting from just \$16.95 a week, Plus Fitness Thornleigh offers high quality gym facilities, with 24/7 access and a supportive training environment. No lock-in contracts available.

The Verandah

The Verandah are now hosting trivia nights every Wednesday from 7.30-9:30pm!

Cost – Free

Table Bookings – Please visit
www.theverandahbeecroft.com.au



Fleet Street Merchants

Happy New Year everyone - and with tennis being on everyone's mind this month we are proud to show off the partnership between Fleet St 115a Midson Rd Epping and North West Sydney Tennis with the court banners at Pennant Hills.

Over Christmas it was great to meet the many members that dropped in and pick up their club discount.

Tastings begin this month with some locally made beer and spirits, and with summer in full swing we have some of the best value Australian and French Rose in store.

Bill and his team will always offer all NWST members a 10% discount on all purchases over \$50. #shoplocal and visit Fleet St Merchants on the corner of Boronia Ave and Midson Rd Epping.



Tennis Ranch

Remember @ Tennis Ranch as a member you can receive a discount so don't forget to mention you are from NWST. Worth the trip down Victoria Rd to the Gladesville store.

Wednesday Night Xmas Social

On 14th December 2022 we held a members only WNX Xmas social. Lots of tennis, sausage sizzles, nibbles, many raffle prizes, stalls and lots of laughs. A great night was had by all!



Parramatta Association Centenary

Parramatta Association recently celebrated their 100 year (two year delay due to Covid) with a gala day in January attended by Lord Mayor Donna Davis, CEO Tennis NSW Darren Simpson and other TNSW and Association representatives.

Lots of free tennis was available and some great hospitality with food and drinks put on by Parramatta City Tennis. Their President, Terry Rogers, is also a member and player at NWST and several of our members were there to celebrate with him, some photographed hereunder.



Yoga is Back!

Yoga and Well fit will continue again this year starting in February. Yoga will be with Maria and Marc will be running the Well fit.

Join in a light cardio session with some stretching and strengthening exercises that are suitable and safe for Men and Women of all ages and abilities.

Sessions are held in the Main Clubhouse for more information on Yoga or Well fit phone **Marc on 0488 070 127.**

Yoga

9:30am Sunday & 6pm Monday

Well Fit

9:30am Saturday & 9:30am Wednesday



Contact Us



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Pennant Hills Park



[@northwestsydneytennis](https://www.facebook.com/northwestsydneytennis)